

Oranges

The concentration of phytonutrients, flavonoids, and antioxidants in oranges and the orange family help promote optimal health. Pressed oranges have been shown to decrease the risk of heart disease by 50%.

Source of:

Vitamin A, B-Complex, Vitamin C, Flavonoids, Pectin, Phytonutrients, Lutein,

Grapefruit

Great source of nutrients and phytochemicals that promote a healthy diet. Known for cleansing properties to the digestive and urinary systems.

Source of:

Vitamin C, Pectin, Antioxidants

Ginger

Ginger has an array of health benefits. It has been used in Eastern medicine for centuries to treat complications from nausea and arthritis.

Source of:

Gingerol, Antioxidants, Potassium, Manganese, Copper, Magnesium

Cucumbers

Cucumbers are a great source of silica, which strengthens connective tissue and supports joint health. Cucumbers are also great for hydration.

Source of:

B-Complex, Vitamin K, Silica

Spinach

Spinach is a super food. It is rich in phytochemicals, flavonoids that act as antioxidants, and vitamin/mineral content. Its nutrient density provides great nutrition but also is low in calories.

Source of:

-Vitamin A, B-Complex, Vitamin C, Vitamin K, Iron, Lutein, Zinc, Manganese, Omega 3 Fatty Acids

Watermelon

Watermelon is great for hydration. Our press contains the rinds of watermelon that contain citrulline. Citrulline drives nutrients to muscles and increase blood circulation.



Store Made
Organic Cold
Pressed Juice



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Benefits of Organic Cold-Pressed Juicing



We make all of our cold pressed juices with only the freshest certified organic produce available in the market. Each item is blended then pressed with our own hydraulic juicing machine that emits 12,000 pounds of force. That's 6 tons of pressure!! This squeezes out all of the nutrients for you to drink in a more concentrated form.

Beets

-Beets are great for you liver. True to its color, beet juice heals and cleanses the blood. The rich amount of antioxidants cleanses the blood and acts as a detoxifying agent.
-The dense amount of nitrates in beet juice helps lower blood pressure.
(Also a great hangover helper!)

Source of:
Vitamin A
Vitamin C
Folates
Carotenoids
Magnesium
Potassium

Carrots

-Support liver function and digestion through their awesome nutrition and are high in Vitamin A, which benefits your immune system and skin clarity
-The geranyl acetate in carrots can lower your risk for cataracts and glaucoma.
-Pressed carrots contain the phytonutrient beta-carotene, an anti-oxidant that eliminates free radicals in your body to lower the risk of cancer development.

Source of:
Beta Carotene
B-Complex
Vitamin C
Manganese

Kale

-Kale juice is an extremely dense source of many nutrients.
-Kale contains zeaxanthin, which has potent anti-cancer properties.
-Kale contains an exceptional source of Vitamin K, which strengthens bones and reduces risk of cardiovascular diseases.
-Kale is a key nutrient for helping regulate your body's inflammatory process.

Source of:
Vitamin A
B-Complex
Vitamin K
Calcium
Chlorophyll
Lutein
Zeaxanthin
Iron
Antioxidants

Pineapple

Pineapple is known for Bromelain content.
-Bromelain is an enzyme that is a natural anti-inflammatory and can reduce arthritis pain. Bromelain also aids in the digestion of proteins. -
Pressed pineapple is full of vitamins and minerals that facilitate cellular health.

Source of:
Vitamin C
Bromelain
B-Complex
Potassium